

THANK YOU FOR CHOOSING CUMBERLAND CAVERNS FOR YOUR ADVENTURE!

We want everyone to have a fun time, know what to expect, and how to prepare for their overnight adventure in the cave. Please make sure everyone receives a copy of this entire packet of information along with their release forms to fill out prior to arrival.

Important:

- Double check your tour date, time (central time zone) and directions to make sure you arrive on time and at the correct location.
- If you arrive late, we cannot guarantee you will make the tour because we do not want to inconvenience our other customers that arrived on time.
- Your group may have a late night, and therefore may be eating dinner late. Please prepare for this by eating prior to arrival (since you cannot purchase snack bar food until after your tours are finished).
- Everyone going on the Adventure Tour part of the overnight must crawl through our test box first (dimensions for the box are 19" x 33"). This helps simulate the smallest crawl space on the adventure tours. Making it through that box is a must to go on the adventure tours. We will provide a helmet and headlamp for the adventure tours - you cannot bring your own helmet.
- Please remember to pack everything you will need for the overnight but also remember to pack light. You will have to carry your own gear down into the cave. It is roughly 600 yards from the Gift Shop to the room where you will be sleeping. The trail in the cave is uneven, rocky, with steep inclines and declines. You may bring and use a small wagon as long as it will fit in your assigned campsite (we suggest one that will collapse).

Unsure of what to bring for your Overnight Adventure? Below are some of our recommendations:

Things We Recommend Bringing:

- Bedding: sleeping bag, air mattress (we have outlets for your pump!), sleeping pad, or a cot.
- Tarp to put under sleeping bag, air mattress, etc.
- All explorers are required to wear lace up close toed shoes or boots. The more traction, the better!
- A change of clean clothes (you will get muddy & wet on the adventure tour)!
- Light jacket (cave is 56 degrees Fahrenheit)
- Garbage bags to put muddy/wet clothes in.
- Personal toiletries, such as wash rags, toothbrush, etc. (There are no showers in the cave, but we do have sinks and restrooms.)
- Knee pads (Hint: Adults, you WILL want these.)
- Gloves
- Flash light (all lights are turned off at midnight, or when all groups have completed their tours and eaten).
- Money/debit card for snack bar & gift shop - CASH is preferred, if at all possible. (We are 333' underground and computer issues happen!)
- CPAP devices are allowed (let us know in advance, so we can accommodate).
- A good attitude. You are going to have FUN! 😊

Things Not Allowed in the Cave:

- Tents
- Coolers
- Outside food or drinks (snack bar is located in the cave, please eat only in the designated area - Volcano Room)
- Fires
- Tobacco products
- Alcoholic Beverages
- Weapons (pocket knives are allowed)
- Fighting
- Horse play (Have fun, but safety first!)
- Excessive noise (Please be considerate of your neighbors!)
- Entering or exiting the cave without a cave staff member present

*Cavers Motto~
Take nothing but pictures.
Leave nothing but footprints.*

Cumberland Caverns Overnight Adventure

We are excited to share with you the wonder and adventure of Cumberland Caverns.

Below are some things you need to know while preparing for your trip.

Things to Remember:

- **We are located in Central Time Zone**
- **Please arrive on time for check-in.** 🗄
Again, if you arrive late we cannot guarantee you will make the tour.
- **Have (1) Leader** bring the following into the Gift Shop:
 - **Release forms** –filled out and separated ‘Adult’ from ‘Child’
 - **Tennessee Tax Exempt Form or a Federal 501C3 Form** (if applicable)
 - **Tax related forms can be emailed in advance to** rsvp@cumberlandcaverns.com
- **Final Payment & Final Headcounts**
Unpaid participants or any participants added less than 10 days prior to the reservation date will incur a late charge of **\$5.00 per person** in addition to the Trip Rate. We are not able to make any exceptions.
- **Vouchers**
If you have fewer participants than you paid for, you will be mailed a Voucher for those numbers after your visit. The Voucher is valid for a 2 year period.
- **Please make the overnight manager aware of any special medical conditions of participants.**
- **Due to liability issues we cannot haul guests or their gear to the cave. Please keep this in mind when packing.**
- **Once you have entered the cave, you will be locked in for the evening. This is for the safety of all of our guests. Prior to entering the cave, please make sure you have everything you will need for the entire night, including all gear, any medications, etc.**
- **Your tour guide will assign your campsite in the Ten Acre Room-- it is VERY important that your group stay within the lettered area to ensure there is enough room for all guests staying the night!**
- **You will not be able to purchase hot food from the Snack Bar in the cave until after your tours are completed for the night.**
- **Please plan accordingly for your group’s departure in the morning. No one may enter or exit the cave without a cave staff member present. Wake up time is 7:45am CST, breakfast is served at 8:00am central standard time.**
- **Everyone must depart the cave by 8:45am central standard time.**

General Information:

1437 Cumberland Caverns Road
McMinnville, TN 37110

Phone: 931-668-4396

(In the event of an outside emergency, the snack bar cave line can be reached by calling the phone number above and selecting Option 7.)

Website:

www.cumberlandcaverns.com

Email:

rsvp@cumberlandcaverns.com

The cave is 56 degrees Fahrenheit year round, with 99% humidity.

We do also have an open WiFi network, however we ask that it be used sparingly-- embrace the full Caveman Campout experience!

Cumberland Caverns

Rules and Regulations

Remember: Cave exploration can be lots of fun, but we have some rules for everyone to follow to ensure the safety of everyone. Your Group Leader will go over these points with the group, as well. Both cave preservation and our guest's safety is extremely important to us at Cumberland Caverns.

1. Discipline is to be maintained by the adults in the group. An unruly group can be very dangerous. Failure to comply with all rules could result in your expulsion from the cave.
2. Cave vandalism of any form will not be tolerated! It is a felony offence to damage the cave or harm any of its inhabitants. Violators will be prosecuted.
3. Outside food and drinks **CAN NOT** be taken into the cave except by person with medical reasons. Please make manager aware of such conditions.
4. Water bottles are permitted. **DO NOT** pour any liquids onto the cave floor.
5. All food and drinks must be consumed in the dining area only.
6. No **running!**
7. Stay with your group and behind your guide on designated trails.
8. Stay on the trail.
9. No rock climbing or rock collecting!!!
10. Use designated restrooms **ONLY!**
11. Each person on the spelunking trip **MUST** have a flashlight.
12. Place all litter into trash cans.
13. No smoking or tobacco products of any kind.
14. Drugs and alcohol will not be tolerated!
15. No profanity.
16. No weapons of any kind.
17. **NO ONE** is permitted to leave the cave unescorted after entering! Make sure each person in your group has **EVERYTHING** they need for their stay before entering.
18. **While people can bring and use their own headlight, we DO NOT allow people to bring and use their own helmet. This can be a safety issue if it is not a proper helmet to wear in the cave.**

Thank you for your cooperation in following and helping us enforce these rules. We hope you have a great time at Cumberland Caverns!

STOP!!!!
THIS FORM IS MANDATORY FOR PARTICIPATION!!!!

One form per every participant in your group is required at check-in.

CUMBERLAND CAVERNS
Adventure Trip Release Form

Group Name: _____ Activity Date: _____/_____/_____

Participant is a(n): ADULT CHILD

Participant Name: _____

Participant's City: _____ **State:** _____ **Zip:** _____

Print your name if signing below for a minor: _____ **Relationship:** _____

Contact Number: _____ - _____ - _____

Please read the following carefully:

****WARNING****

Under Tennessee law, an adventure tourism professional is not liable for an injury to or the death of a participant in adventure tourism activities resulting from the inherent risks of such activities, pursuant to Tennessee Code Annotated, title 11, chapter 11.

ACKNOWLEDGMENT OF RISKS

I, the undersigned person request and am granted permission to enter Cumberland Caverns to participate in a Spelunking Adventure Trip. I am aware I will be crawling in relatively small passages, climbing up and down ladders, walking and crawling over loose and slippery rocks and walking through muddy passageways. Furthermore, I understand that certain risks and dangers exist in this activity which may result in serious injury. I am aware that in signing this document on my behalf, or on behalf of my minor child and/or ward, for participation in Cumberland Caverns' Adventure Trip that certain elements of the activity are physically and mentally demanding.

EXPRESS ASSUMPTION OF RISK AND PERSONAL RESPONSIBILITY

I confirm that I am physically and mentally capable of participating in the activity. I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my participation. I confirm that I will stay within permitted areas, within my group and in close contact with Cumberland Caverns guide and/or staff members during my time in the cave.

RELEASE OF LIABILITY

In consideration of the service and facilities provided, I, for myself; and for my minor child, do hereby release, waive, and discharge Cumberland Caverns, their officers, employees, principals, directors, agents, and volunteers from any and all liability to the undersigned's personal representatives, assigns, heirs and next of kin, for any of any and all injury, disability, death, or loss or damage, to personal property.

SCOPE OF RELEASE AND INDEMNITY

The undersigned expressly agrees that this release is intended to be as broad and inclusive as permitted by the law of the State of Tennessee. Further, I give Cumberland Caverns permission to use photo and video taken at this facility in promotional materials.

I have read this document and I understand it is a release of all claims. I understand and assume all risk inherent. I voluntarily sign my name evidencing my acceptance of the above provisions.

Signature: _____ **Date Signed:** _____/_____/_____

(Adults should sign for themselves. A parent or guardian should sign for minors)

*****If you did not receive a copy of the overnight information packet, which tells you everything to expect on your overnight adventure, please see your group leader.**